

Insight Therapeutic Services, LLC

CONSUMER RIGHTS/ INFORMED CONSENT FOR PSYCHOLOGICAL SERVICES

The following is a list of consumer rights set forth by the Department of Mental Health and Human Services.

Each Consumer:

Has the right to privacy;

Has the right to confidentiality of all information in his/her mental health, medical, and financial records;

Has the right to access, upon request, all information in his/her mental health, medical and financial records, unless a clinical determination has been made that access would be detrimental to the consumer's health;

Has the right to be informed of the financial aspects of treatment;

Has the right to give informed consent prior to being involved in research projects.

Has the right to individualized mental health services;

Has the right to participate in the treatment planning process;

Has the right to voice grievances and recommend changes in policies and services of the treatment program;

Is entitled to services in a safe and humane environment;

Is entitled to be treated with dignity and respect;

Has the right to refuse mental health services without reprisal except when refusals are not permitted under applicable law;

Has the right to be informed of the means for accessing advocacy services;

Has the right to be free from physical, verbal, sexual, or psychological abuse, exploitation, coercion, reprisal, intimidation, or neglect.

This is to verify that the following were explained to me prior to my engaging in psychological services:

- (a) the purpose, nature, and method of the services
- (b) who has requested the therapist's services
- (c) who will be paying for the services
- (d) the nature of the assessment instruments and techniques
- (e) limits to confidentiality and disclosure of information

I have read and/or been informed of my right as stated above.

Signed: _____ **Date:** _____